

Houghton University

Building for the Future Basketball Camp

July 3-6, 2023



IMPORTANT PHONE NUMBERS:

Camp Director Cell Phone: Coach Jeremy Bialek (317) 698-4384

Camp Director E-Mail: jeremy.bialek@houghton.edu

Safety and Security: (585) 567-9333 (on duty 24-hours a day in the event of an emergency)

IMPORTANT ADDRESS:

Monday Registration and Drop Off: **July 3, 2023 8:00am**

Houghton University Nielsen Center

1 Willard Avenue, Houghton, NY 14744

<https://www.houghton.edu/admission/visiting/campus-map/>

PAYMENTS AND FINAL BALANCES:

- All payments are completed online through your UltraCamp Registration.
- You have the option to pay in full or make smaller monthly payments.
- Payment amount or changes can be adjusted by contacting conferences@houghton.edu

GIRLS BASKETBALL CAMP REFUND POLICY:

- Withdrawal 3 weeks prior to Camp Start Date: If payment is above the \$50 non-refundable deposit, full refund less the \$50 deposit.
- No refund granted if withdrawal is within 2 weeks of camp.
- Special consideration will be given if withdrawal is for medical reasons.

REGISTRATION DAY:

- **Registration on Monday is at: 8:00am at the Nielsen Center.**
- Campers will check-in and meet camp staff, receive camp t-shirt, and meet with the summer medical staff.
- **NEW! FORMS SUBMITTED ONLINE PRIOR TO ARRIVAL**
 - Medical Forms – A physician's signature must accompany each medication, both prescriptions and over the counter, must be turned into the camp health director at time of check-in.
 - All of your over-the-counter and prescription medications must be labeled and in their original containers.
 - Copy of Insurance Card
 - Copy of your Child's Immunization Record

CAMPER PICK-UP:

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8:25am:	Roll Call
8:30am:	Thought for The Day
8:40am:	Stretching/Warm-up
9:05am:	Skill games/relays (dribbling, lay-ups, defense, shooting, etc.)
9:50am:	Break
10:05am:	Stations
10:35am:	Games
11:30am:	Lunch
12:30pm:	Swimming
1:15pm:	Break
1:45pm:	Games
3:00pm:	Dismissal

Important Notes:

- This is a tentative schedule and is subject to change. Campers and parents will receive a daily schedule at registration.
- Please make sure that you bring your swim suit and towel with you each day
- We will be taking the kids to the concession stand to purchase a freeze-pop, candy, chips etc. We will deposit monies into the camp bank & keep track of the spending and refund any money not used to you on the last day of camp. Money will be collected on Monday during registration.

Have a great week and enjoy camp. We are so excited you have chosen to spend this week of your summer with us!

CAMPER EXPECTATIONS AND INFORMATION:

Houghton Basketball Camp is intended to be an educational experience encouraging players to grow as both athletes and individuals in a safe and enjoyable environment. Observation of the rules, and positive interactions with counselors and other campers are necessary to achieve this goal. Therefore, we ask that you abide by the following rules during your time at camp:



- Demonstrate Excellence in all that you do. Give your best for the few days you are here.
- We have a **ZERO TOLERANCE** policy for bullying so that every camper is safe. We will not tolerate any behaviors toward another camper that could be considered harassing, intimidating, threatening, or demeaning. Any camper involved in this type of behavior will be dismissed from camp without refund.
- Modest dress is expected and a shirt must be worn for all training sessions.
- No swearing, smoking, gambling, drinking, drugs, or indecent photos. Any such offense gives us grounds for dismissal from camp.
- You must not leave campus for any reason unless approved by Coach Bialek. Campers must be signed out by a parent if they are approved to leave early during the camp day.
- No cell phones permitted during training sessions or formal camp gatherings unless a coach grants permission. Phones are permitted to be used in dorms and at meal times.
- Look for ways to encourage fellow campers whenever possible.
- All injuries must be reported to the Athletic Trainer when they occur. Keep up with necessary pre/post-play treatments. The Athletic Trainers have a lot of counselors to look after, so be diligent!
- Follow the Daily Schedule. Be in the proper place at all times. Be early!
- Campers are NOT permitted in ANY building other than your dorm, the Campus Center, the Kerr-Pegula Field House and the Nielsen Athletic Center, unless otherwise directed by the Camp Director.
- Stay with your assigned counselor during free times or non-basketball activities. Campers ARE NOT permitted to be without counselor supervision for the duration of camp.
- Do not enter another camper's room without their express permission.
- Respect individuals' property. Vandalism and theft will result in immediate dismissal without refund.
- Please keep the dorms clean. Use garbage cans on each floor.
- Directors and floor counselors may inspect your room at any time without advance notice.
- Be aware of lights-out times. These will be enforced throughout the week.
- Be aware of roll-call times. You are responsible for being in the right place with your counselor.
- Damage to university property will be billed to camper and parents/guardian.
- Leave all areas more clean and better than we found them (i.e. cafeteria, basketball courts, dorms)
- Campers must stay with counselor when transitioning from one area of campus to another.
- No food or drinks are to be taken into the pool area.

DIRECTIONS TO HOUGHTON UNIVERSITY CAMPUS:



From Jamestown, NY

- * Take Interstate 86 East (Southern Tier Expwy.) to exit 30 (Belmont).
- * Turn left onto Route 19 and follow north 14 miles to Houghton.

From Rochester, NY

- * Take Interstate 390 South to the Mt. Morris exit.
- * Turn left at light off ramp and follow light in Mt. Morris.
- * Take left at light, then take an immediate right at light and follow Route 408 south to Nunda.
- * Turn right at light in Nunda onto Route 436 to Portageville; turn south on 19A (later turns into Route 19) to Houghton.

From Buffalo, NY

- * Take Route 400 south, which becomes Route 16, to Yorkshire (Arcade).
- * Turn left onto Route 39 east and follow to Route 98.
- * Turn right at light and follow to Caneadea (Route 98 turns into Route 243).
- * Turn left at blinking light at end of road; go north on Route 19 and follow 3 miles to Houghton.

From Greater New York City

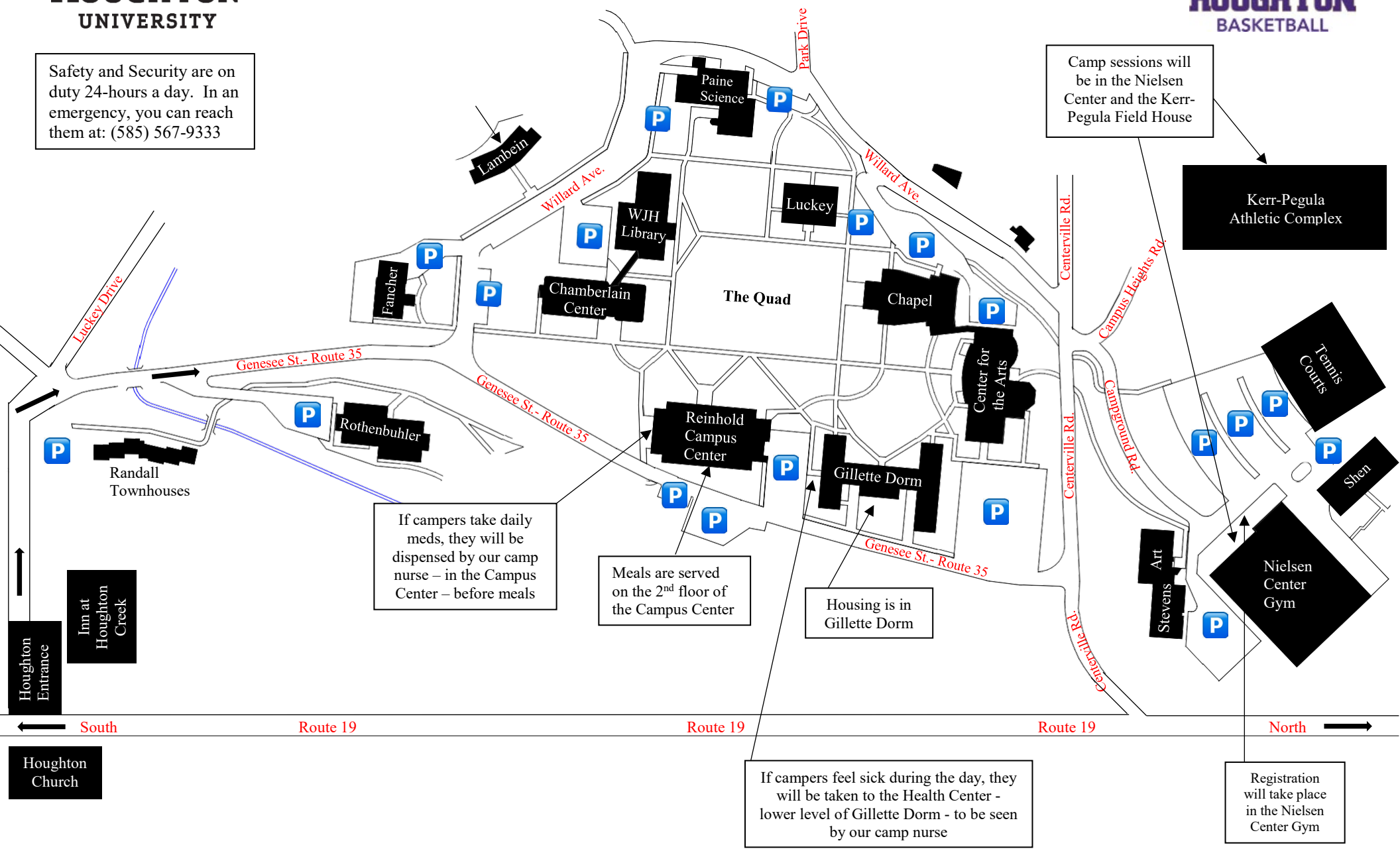
- * Take Interstate 86 West (Southern Tier Expwy.) to exit 30 (Belmont).
- * Turn right onto Route 19 and follow north 14 miles to Houghton.

From Central PA and Maryland

- * Take Route 15 north to Corning area.
- * Take Interstate 86 West (Southern Tier Expwy.) to exit 30 (Belmont).
- * Turn onto Route 19 and follow north 14 miles to Houghton

Houghton University Main Campus Map

Safety and Security are on duty 24-hours a day. In an emergency, you can reach them at: (585) 567-9333



If campers take daily meds, they will be dispensed by our camp nurse – in the Campus Center – before meals

Meals are served on the 2nd floor of the Campus Center

Housing is in Gillette Dorm

Camp sessions will be in the Nielsen Center and the Kerr-Pegula Field House

Kerr-Pegula Athletic Complex

If campers feel sick during the day, they will be taken to the Health Center - lower level of Gillette Dorm - to be seen by our camp nurse

Registration will take place in the Nielsen Center Gym